

Student Development Action Plan



Name _____

How can you improve your middle school experience? Be more involved? Have less stress? Have more friends? Be more successful in your classes? Have someone to talk to? Be more organized? Not have to deal with a bully? Take better care of yourself? Or something else?

Write down two things that would improve YOUR middle school experience.

① _____

② _____

Now think about what you can do to help make these improvements happen. Write down specific steps for each to create your Action Plans.

YOUR ACTION PLAN FOR ①

1. _____
2. _____
3. _____
4. _____

YOUR ACTION PLAN FOR ②

1. _____
2. _____
3. _____
4. _____

*Middle school is just like anything else—the more you put into it,
the more you get out of it.*

Make the most of your middle school years!